



Troupe of the Starry Door Lammas

August 8, 2025 • Solo At Home Ritual
Sturgeon/Corn/Harvest Full Moon



Preparation: Instructions for what is needed for this ritual are in a separate document.

I. Self Purify

Cleanse your self and your space with salt water and incense.

II. Circle of Sound

Envision scribing the circle around yourself as you AUM. Continue to AUM and see the blue fire form a sphere around you until you hear in your mind's ear:

“And It Is Done!”

III. Calling The Elements

You intone each of these 4 times and pause to a count of 4 between each:

Spirit of Air Come! (4x)

Spirit of Fire Come! (4x)

Spirit of Water Come! (4x)

Spirit of Earth Come! (4x)

As you intone, awaken Air, Fire, Water, and Earth within yourself.

You end with “Hail And Welcome” and you repeat it at each of the quarters.

IV. Invoke God & Goddess

You invite Lugh and Brigid to be with you for this ritual. If you know the chants use them, if not just repeat the words until you feel the power of the God and Goddess present.

Lugh Lamhfada, Sage Of Skill
Sun And Harvest, Spear Of Will
Lugh Lamhfada, With Your Might
Bring Us Blessings Bright

“Hail And Welcome”

Brigid

Holy Well And Sacred Flame
Maiden, Mother, And Crone
Bright One Be Here
Bright One Be Here

“Hail And Welcome”

V. Cleansing & Empowering

Wash your hands in Brigid's sacred water (bowl of salted, blessed water) to release regrets, release blockages, and distractions.

Then lift up your Spear or Athame or Wand. Use your imagination to form the Spear. Drawing down the energy of Lugh and of the Full Moon. Draw as much energy as you need from the Full Moon. Allow yourself to be fully present in the moment to draw in that Full Moon energy of this the first harvest. When you feel that you have drawn as much energy as you can you say:

As I Will It So Mote It Be!

VI. Cakes & Ale & Offering

Bless your cakes and ale and give thanks for the blessings that you have received during this time of the first harvest. Place your paper (prepared earlier) with your thanks in the center of the blessing bowl and



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bless it. As this is the fruit you have received from the divine.

You will be taking four pieces, spoonfuls etc. and putting three of them on a plate. (This food will be placed outside as an offering later.) The fourth you place on a separate plate, this is for you to consume.

The first time pick up the food in praise of thanks to the Ancestors and the Past. Place in the blessing bowl.

The second time, pick up the food for the Community Near and Far. Place in the blessing bowl.

The third time pick up the food and your words are for the Goddesses, Gods, Fae, Spirits, and so on. Place in the blessing bowl.

We Give Thanks!

Then take up your ale/juice.

The first pour into your chalice is in praise of and thanks to the Ancestors and the Past. Libate a small amount into the blessings bowl.

The second pour is for the community near and far. Libate a small amount into the blessings bowl.

The third pour is for the Goddesses, Gods, Fae, Spirits, and so on. Libate a small amount into the blessings bowl.

Drink the rest from your chalice and eat of the fruits of your labor.

VII. Hail And Farewell

You chant or say:

Thanks Turns The Wheel
Of The Harvest
Thanks Seals The Circle Of Life
Thanks Blesses All Our Beginnings
And Thanks Blesses The End

You thank the Moon for it's brightness and strength for you this lunar night.

You Thank Lugh and Brigid for their presence and bid them hail and farewell for this rite.

You bid the Elements farewell. Envision releasing the blue fire sphere. And say"

"The Circle Is Open But Unbroken, Merry Meet And Merry Part And Merry Meet Again!"

You take your blessing bowl with the pieces of cake, dribble of ale and your harvest paper outside in the moon light and give thanks to the moon for their "Light in the Darkness". A reminder that even in the dark there is light. This Moon reminds us of resilience, longevity and ancestral wisdom.