

Troupe of the Starry Door Lammas Ritual Preparation

August 8, 2025 • Solo At Home Ritual

This is a ritual of personal harvest. Think of what you had asked for in the first part of the year, at Imbolc, or had decided you would plant or begin.

Write down on a piece of paper the blessings you have received from that harvest, be it flowers, vegetables, work, a new partner, whatever it might have been that you had hoped for during that time, which has now manifested.

Write down your thanks to your deity (s) for the realization of that which you had wished. You will be placing that piece of paper in the blessing bowl during the ritual

You will need to bake or purchase a bread or bread product to have with you in the ritual. If you are a baker you can create a Lammas cake. This will be placed on a plate before the ritual begins.

You will need some wine, ale or liquid to drink. This will be in a decanter or some other object that you can put into your chalice or goblet.

You will be asking Lugh and Brigid to be present. Please review these two deities so you know what they bring to the ritual.

Items needed:

1 decanter/pitcher

1 chalice

1 blessing bowl

2 plates, one for the cakes and one for you to place your cake on to eat later

1 athame, spear or wand

1 hand washing bowl, big enough to wash your hands. Bless the waters with salt and the essence of Brigid who is the Goddess of the Well.

1 towel to dry your hands after washing them