

Seelie Court Sweat Lodges 2008

Near Georgetown Delaware At Seelie Court

Sweat Dates:

Sweats Are On Saturdays - 2 Sweats Each Day

February 9th (Morning Sweat Is Women Only)

April 12th

May 10th

Sept 13th

Oct. 11th (Afternoon Only - Harvest Protocol)

Nov 15th

Please arrive by 10:30 AM for the 11:00 AM Sweat, and 1:00 PM for the 1:30 PM Sweat.

By Reservation Only

Sweats are held on Saturdays and we conduct one in the morning and one in the afternoon. Call us to reserve space as a lodge will only hold a limited number of people. Sometimes sweats will be women only or men only, but most are mixed. Call for information:

(302) 855-9422

email: panpipe@seeliecourt.net

If your plans change after making reservations, please call or email so we can adjust the list. Also check the day before to make sure that your sweat is still scheduled. We won't waste resources and will combine the sweats or cancel them unless there are sufficient reservations

Wiccan Sweats

The sweats at Seelie Court use Wiccan protocols developed within our tradition (Assembly of the Sacred Wheel).

Other Tradition's Sweats

On occasion, guest Water Pourers who follow native or other paths will bring their tradition to our lodge.

Times:

Please arrive by 10:30 AM for the 11:00 AM Sweat, and 1:00 PM for the 1:30 PM Sweat.

If you would like to attend the fire ceremony arrive by 8:45 AM. Plan on spending some time after the Sweat to rest and eat before departing. This can vary from 30 minutes to a few hours depending upon the person.

Check List Of Things To Bring

- A requested donation of \$15 to cover costs of fire wood, stones, mailings, guest Waterpouner's transportation, etc.¹ No one will be turned away that cannot pay. There is a basket out for donations— no pressure, nobody will ask you.
- Food or drink to share after the Sweat while you recover.
- Change of clothes and a towel.
- Small symbolic gift for the Water pourer (shells, feathers, herbs, etc.)
- You will be asked to sign a release form before sweating.

About The Sweats:

The Sweat Lodge Ceremony is very powerful and is not for everyone. It is an ordeal for healing and purification that is strenuous and taxing for both the body and the spirit. You will be asked to sign a release form in order to participate. Feel free to call us and ask questions. We, in our household, are not Native American so we recognize that our Sweats are not Native Sweats. We honor the wisdom of Native traditions as we create our own ceremonies. The Sweat Ceremony has existed in some form or another on every continent in a wide array of cultures.

Website

If you would like to learn more about our Wiccan sweat protocol and some of the chants we use go to:

www.sacredwheel.org/sweat/

¹ Or Donations of firewood, quilts, blankets, sheets, stones, labor, etc.