

**Healing and Ethics
Wicca 101 Handout**

Handy Dandy Chakra Chart!

Name	Location	Color	Gland	Sound	Element	Sanskrit
Root	Base of spine	Red	Gonads	Ooo	Earth	Muladhara
Sacral	Below naval	Orange	Spleen	Ohh	Water	Svadisthara
Solar Plexus	Just above navel	Yellow	Adrenal	Aww	Fire	Manipura
Hearth	Heart	Green	Thymus	Aah	Air	Anahata
Throat	Larynx	Blue	Thyroid	Ehh	Ether	Visuddha
Third Eye	Between The Eyes	Indigo	Pituitary	Ihh	All mental faculties	Ajna
Crown	Fontanel	Violet	Pineal	Aum	Higher Self	Sahasrara